



## ST. RITA OF CASCIA HIGH SCHOOL STUDENT MEDICAL RIGHTS & POLICIES

If a student is at school and becomes ill he should go to the Nurse's Office. Students should not call a parent to obtain a release from school. The School Nurse or the Dean of Students will notify the parent/guardian on the need for their son to be released from school due to illness. Students going home must be picked up and signed out through the Main Office. Also, a parent/guardian may give permission for the student to drive himself home. A student who is ill and leaves school without proper permission is considered truant and appropriate disciplinary action will be taken.

All incoming freshmen must have a current physical examination and a dental form completed, having a dental exam the summer before or within the 9<sup>th</sup> grade year, which is required by Illinois State Law. The Certificate of Child Health Examination Form should be submitted to the School Nurse prior to the first day of school but no later than October 15 of the current school year. Students will be excluded from school on October 15 if the Certificate of Child Health Examination Form is not submitted to the school with documentation that their requirements for the health examination and all immunizations have been met.

### **Physician's Request for Administration of Medication**

At no time during the day will any form of medication be given out to any student without proper documentation and authorization; this includes aspirin, Advil, cough drops, etc. Any and all medications that a student is administered or self-administers must be prescribed by a health care professional. Students are not allowed to carry any prescribed medications with them, nor have any medications in their lockers during the school day without the proper authorization and documentation. All prescribed medications must be turned in to the Nurse's Office. In addition to the Physicians Request Form for Administration of Medication, parents must supply the following on an annual basis: 1. Name of the medication 2. Prescribed dosage 3. Time or circumstances in which the medicine is to be administered. Any changes must be reported in writing to the school nurse. St. Rita High School personnel are not responsible for the timely administration of said medications. This responsibility is entirely up to the student involved.

### **Physician's Request for Self-Administration of Medication**

All student medications must be kept in the Nurse's Office unless the Physician's Request Form for Self-Administration of Medication has been properly completed and on file in the Nurse's Office. Upon written authorization from a physician, the school allows for the self-administration and/or self-carry of asthma medication, diabetes medication and epinephrine injectors.

St. Rita High School allows students who have severe allergies and/or asthma the ability to carry an inhaler or epinephrine auto-injector with them throughout their day. Students who have Diabetes, Epilepsy or seizures are also permitted to carry their medications with them at school. The Nurse's Office has a medicine supply where epinephrine auto-injectors are kept in the event that one is needed in an emergency.

### **Asthma**

Students with Asthma are requested to submit an Asthma Action plan yearly, completed by their physician.

### **Allergies**

If a student has an allergy, the Allergy History Form must be completed and returned to the Nurse's Office. If the student needs to take an allergy medication you will need to complete and submit the Physician's Request Form for Administration or Self-Administration to the Nurse's Office and the Allergy Emergency Action Plan also needs to be completed and submitted to the Nurse's Office.

### **Diabetes**

A Diabetes Care Plan must be on file with the School Nurse if the student has Diabetes and requires assistance with managing this condition while at school and school functions. The Physician's Request for Administration or Self-Administration must be on file in the Nurse's Office as well as the Diabetes Medical Management Plan.

### **Seizure Action Plan**

Students who have seizures are required to submit a Seizure Action Plan yearly, completed by the healthcare provider. If needed, the Physician's Request for Administration or Self-Administration of Medication must be on file in the Nurse's Office.

### **Sunscreen**

A student may possess and use a topical sunscreen product while on school property or at a school-sponsored event or activity without a physician's note or prescription if the product is approved by the United States Food and Drug Administration for over-the-counter use for the purpose of limiting ultraviolet light-induced skin damage.

### **Medical Cannabis**

Per Illinois State Law, St. Rita High School must allow a school nurse or school administrator to administer a medical cannabis infused product to a student who is a registered qualifying patient while on school premises, while at a school-sponsored activity, or before or after normal school activities, including while the student is being transported on a school bus. St. Rita High School may authorize the self-administration of a medical cannabis infused product by a student who is a registered qualifying patient if the self-administration takes place under the direct supervision of a school nurse or school administrator. Before allowing the administration of a medical cannabis infused product by a school nurse or school administrator or a student's self-administration of a medical cannabis infused product under the supervision of a school nurse or school administrator under this subsection, the parent or guardian of a student who is the registered qualifying patient must provide written authorization for its use, along with a copy of the registry identification card of the student (as a registered qualifying patient) and the parent or guardian (as a registered designated caregiver). The written authorization must specify the times when or the special circumstances under which the medical cannabis infused product must be administered. The written authorization and a copy of the registry identification cards must be kept on file in the office of the school nurse. The authorization for a student to self-administer medical cannabis infused products is effective for the school year in which it is granted and must be renewed each subsequent school year upon fulfillment of the requirements of this Section. Medical cannabis infused products must be stored with the school nurse at all times in a manner consistent with storage of other student medication at the school and may be accessible only by the school nurse or a school administrator. A parent or guardian or other individual may not administer a medical cannabis infused product under this Section in a manner that, in the opinion of the school, would create a disruption to the school's educational environment or would cause exposure of the product to other students.

All necessary medical forms can be found on the school website on the Parent Information Page under Medical Documentation Information.

*Per 105 ILCS 5/22-30© the school and school personnel incur no liability for injuries occurring when administering any medication, including but not limited to, asthma medication, allergy medication, or an epinephrine auto-injector. Please contact our school nurse at [nurse@stritahs.com](mailto:nurse@stritahs.com), if you have any questions.*